

Garrett Pre-K3 & Pre-K4 Menu



MEAL PRICING:

Student Breakfast Price Free
 Adult/Visitor Breakfast Price \$3.00

August 2022-May 2023



BREAKFAST IN THE CLASSROOM

Free to all Students

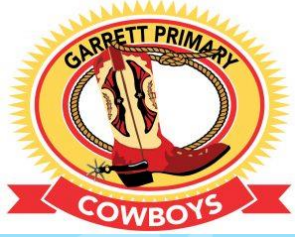
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Cereal Fruit Cup Milk	Mini Pancakes Applesauce Milk	Cheese Stick w/Gingerbread TX Fruit Milk	Maple Pancake Sandwich Orange Slices Milk	French Toast Sticks Juice Milk
2	Cereal Strawberry Cup Milk	Muffin Applesauce Milk	Waffle Fruit Milk	Whole Grain Honey Chicken Biscuit Fruit Cup Milk	Danimals Yogurt Peaches Milk
3	Cereal Raisins Milk	Cinnamon- Filled Pretzel Stick Fruit Cup Milk	Pancake on a Stick Fruit Cup Milk	Breakfast Pizza Applesauce Milk	Banana Bread Peaches Milk

All Cereal is Reduced Sugar, 25% less Sugar, and Whole Grain.
 All Bread is Whole Grain or Whole Wheat.
 All Canned Fruit and Frozen Fruit are with fruit juice or light syrup.
 Students must take all items.
 Milk is 1% White only unless you complete a form for special diets.

Week 1		Week 2		Week 3	
Aug 10	Mar 6	Aug 15	Mar 20	Aug 22	Mar 27
Aug 29	Apr 3	Sept 5	Apr 10	Sept 12	Apr 17
Sept 19	Apr 24	Sept 26	May 1	Oct 3	May 8
Oct 10	May 15	Oct 17	May 22	Oct 24	
Oct 31		Nov 7		Nov 14	
Nov 28		Dec 5		Dec 12	
Jan 2		Jan 9		Jan 16	
Jan 23		Jan 30		Feb 6	
Feb 13		Feb 20		Feb 27	

This program is funded by USDA. This institution is an equal opportunity provider.

Garrett Pre-K3 & Pre-K4 Menu



Pre-K MEAL PRICING:

All Students
Adults/Visitors

Free
\$4.50



Pre-K LUNCH Menu

August 2022-May 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Pizza (Cheese or Pepperoni) Steamed Broccoli Fruit Slush (100% Juice) Milk	Cheesy Nachos Pinto Beans Corn Fruit Cup Milk	Spaghetti Green Beans Applesauce Milk	Popcorn Chicken Mashed Potatoes Orange Wedge Milk	Chicken Burger Smiley Faced Potatoes Apple Slices Milk
2	Hot Dog on Bun Steamed Broccoli Applesauce Milk	Hot Pocket Pinto Beans Fruit Cup Milk	Mini Chicken Burgers Smiley Faced Potatoes Fruit Slush (100% Juice) Milk	Wild Mike's Cheesy Bites w/ Marinara Dipping Sauce Fresh Baby Carrots w/dip Fruit Milk	Corn Dog Tater Tots Peaches Milk
3	Chicken & Waffles Green Beans Mandarin Oranges Milk	Pizza (Cheese or Pepperoni) Corn Fruit Milk	Lunchable Fresh Baby Carrots w/dip Fruit Slush (100% Juice) Milk	Chicken Drumstick Mashed Potatoes Pineapple Milk	Cheeseburger Smiley Faced Potatoes Applesauce Milk

All Bread is Whole Grain or Whole Wheat.
All Canned Fruit and Frozen Fruit are with fruit juice or light syrup.
Students must take all items.
Milk is 1% White only unless you complete a form for special diets.

Lufkin ISD offers free meals to all students!

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