

1.1 Part 1

Two students each apply a force of 750 N to a car and push it a distance of 12 meters across the parking lot. What is the total amount of work done on the car?

$$F_{\text{NET}} = 2F = 2 \cdot 750 = 1500 \text{ N}$$

$$W = F \cdot d = (1500)(12) = 18000 \text{ J}$$

1.1 Part 2

If the students use 35 seconds to perform their work,
how much power do they exert?

$$P = \frac{W}{t} = \frac{18000 \text{ J}}{35 \text{ s}} = 514.286 \text{ W}$$

1.2 Part 1

It takes 2.8 seconds for Erik to lift a 1581 N barbell 1 meter off his chest. How much work does he do?

$$W = \overline{F} \overline{d} = 1581 \cdot 1 = 1581 \text{ J}$$

1.2 Part 2

How much power does he exert?

$$P = \frac{W}{t} = \frac{1501 \text{ J}}{2.8} = 564.643 \text{ W}$$

1.3

How high is a 500 N boulder raised if it takes 4.6 seconds to use 1200 Watts of power?

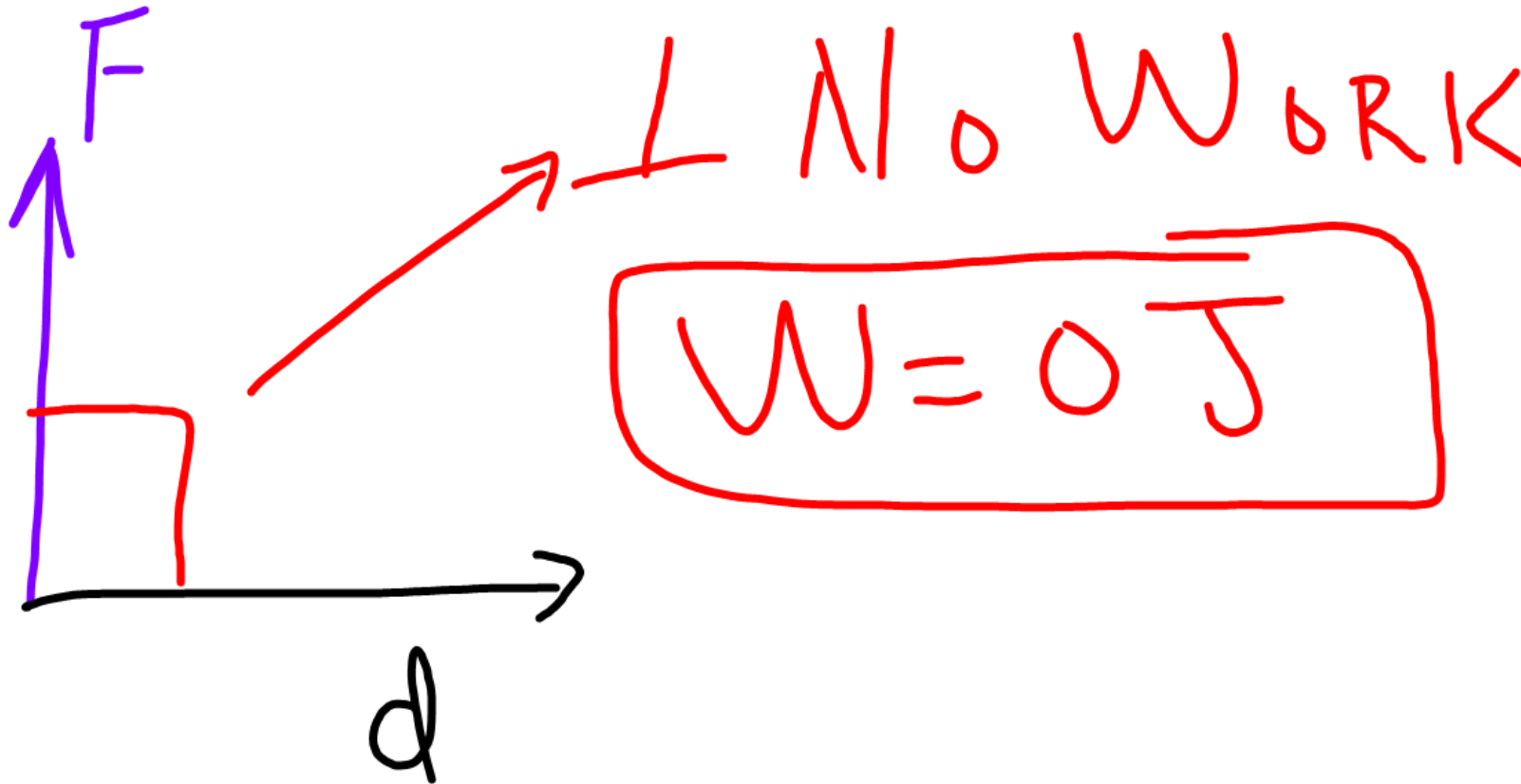
$$P = \frac{W}{t} \rightarrow W = P t = 1200 \cdot 4.6 = 5520 \text{ J}$$

$$W = F \cdot d \rightarrow d = \frac{W}{F} = \frac{5520 \text{ J}}{500 \text{ N}}$$

$$d = 11.04 \text{ m}$$

1.4

How much work is performed in carrying a 900 Newton box 10 meters across a room?



1.5

What is the weight of a box if it takes $\overline{3.9}$ Watts of power to lift it $\overline{2}$ meters in 0.7 seconds?

 \overline{t}
 \overline{P}
 \overline{d}

$$P = \frac{W}{t} \rightarrow W = P t = 3.9 \cdot 0.7 = 2.735$$

$$W = F \cdot d \rightarrow F = \frac{W}{d} = \frac{2.73}{2} = \boxed{1.365 \text{ N}}$$

6.1 Quick Poll

A 3 kg book is sitting on top of a 1.2 meter high shelf. How much GPE does it have?

$$\text{GPE} = mgh = (3 \text{ kg})(9.8 \text{ m/s}^2)(1.2 \text{ m})$$

$$\text{GPE} = 35.28 \text{ J}$$

Quick Poll 7.1

A 75 kg runner sprints at 8.3 m/s for 9 seconds. How much KE does he have?

$$KE = \frac{1}{2} m v^2 = \frac{1}{2} (75) (8.3)^2$$

$$KE = 2583.375 \text{ J}$$

Quick Poll 8.1

What 2 types of energy add together to make up the category of Mechanical Energy?

1) Potential Energy

2) Kinetic Energy

Quick Poll 9.1 Part 1

A 25 kg puma is standing on top of a 5 meter high rock. How much GPE does he have as he sits on the rock?

$$GPE = mgh = 25 \cdot 9.8 \cdot 5$$

$$GPE = 1225 \text{ J}$$

Quick Poll 9.1 Part 2

How much KE does he have as he sits on the rock?

KE = 0 No Motion!

Quick Poll 9.1 Part 3

What is his total Mechanical Energy?

$$ME = KE + PE = 0 + 1225 = 1225 \text{ J}$$

Quick Poll 10.1 Part 1

A 25 kg puma jumps down from the top of a 5 meter high rock. How much KE does he have as he reaches the ground?

$$ME_i = ME_f \quad \text{PE at ground level is zero.}$$

$$1225 \text{ J} = KE + PE$$

$$1225 \text{ J} = KE$$

Quick Poll 10.1 Part 2

How much GPE does he have as he reaches the ground?

$$h = 0 \rightarrow \boxed{GPE = 0 \text{ J}}$$

PE at ground level is zero.

Quick Poll 10.1 Part 3

What is his total Mechanical Energy?

His total mechanical energy remains unchanged which is 1225J.

Quick Poll 11.1 Part 1

How much KE did the puma have as he reached the ground?

$$ME_f = KE_f + PE_f \Rightarrow KE_f = ME_f = 1225 \text{ J}$$

Quick Poll 11.1 Part 2

How fast is the puma moving as he reaches the ground?

$$KE = \frac{1}{2}mv^2 \rightarrow v = \sqrt{\frac{2KE}{m}} = \sqrt{\frac{2 \cdot 1225}{75}}$$

$$v = 9.899 \text{ m/s}$$