### 1.1 Part 1

Two students each apply a force of 750 N to a car and push it a distance of 12 meters across the parking lot. What is the total amount of work done on the car?

### 1.1 Part 2

If the students use 35 seconds to perform their work, how much power do they exert?

### 1.2 Part 1

It takes 2.8 seconds for Erik to lift a 1581 N barbell 1 meter off his chest. How much work does he do?

### 1.2 Part 2

How much power does he exert?

## 1.3

How high is a 500 N boulder raised if it takes 4.6 seconds to use 1200 Watts of power?

## 1.4

How much work is performed in carrying a 900 Newton box 10 meters across a room?

## 1.5

What is the weight of a box if it takes 3.9 Watts of power to lift it 2 meters in 0.7 seconds?

### 6.1 Quick Poll

A 3 kg book is sitting on top of a 1.2 meter high shelf. How much GPE does it have?

## Quick Poll 7.1

 A 75 kg runner sprints at $8.3 \mathrm{~m} / \mathrm{s}$ for 9 seconds. How much KE does he have?
# Quick Poll 8.1 <br> What 2 types of energy add together to make up the catagory of Mechanical Energy? 

1) 
2) 

## Quick Poll 9.1 Part 1

A 25 kg puma is standing on top of a 5 meter high rock. How much GPE does he have as he sits on the rock?

## Quick Poll 9.1 Part 2

 How much KE does he have as he sits on the rock?
## Quick Poll 9.1 Part 3

What is his total Mechanical Energy?

## Quick Poll 10.1 Part 1

A 25 kg puma jumps down from the top of a 5 meter high rock. How much KE does he have as he reaches the ground?

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Quick Poll 10.1 Part 2
How much GPE does he have as he reaches the ground?
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Quick Poll 10.1 Part 3
What is his total Mechanical Energy?

## Quick Poll 11.1 Part 1

How much KE did the puma have as he reached the ground?

## Quick Poll 11.1 Part 2

How fast is the puma moving as he reaches the ground?

